

BANISH BURNOUT

LEADERSHIP BEST PRACTICES TO BOLSTER ENGAGEMENT AND RETENTION



INCREASE ENGAGEMENT, PREVENT BURNOUT AND FOCUS ON JOY WHILE DRIVING BUSINESS RESULTS

Businesses are facing a talent crisis, and leaders are grappling with how to create an environment where employees are motivated to work, stay and prosper. Effective people management is the key. The best practices shared in this workshop will not only teach leaders how to mitigate burnout, but also cultivate engagement, increase productivity and improve retention.

Managers will learn how to create a workplace that appropriately manages workload and deadlines, enable a feeling of flexibility and control over work, and foster a sense of meaning and connection to something greater than the employee. Participants will ascertain techniques to alleviate always-on pressure, help employees lean into their “most joyous” strengths, and enable team members to bring their authentic selves to work.

Specifically, during the workshop, managers will:

- Understand the interplay between well-being, engagement and burnout
- Learn to easily recognize signs of burnout
- Deploy best practices to mitigate 6 conditions that exacerbate burnout
- Utilize techniques to fortify 6 conditions that alleviate burnout
- Respond to real-life scenarios of employees on the path to resignation

When employees have holistic self-clarity, they bring their best selves to work. Fostering an environment that encourages an engaged, invigorated team is the surest path to results.

